

100% Special The 100 Acres Walk



Your walk follows the 100 Acres Nature Trail. There are heritage signs that enliven the walk, Superb Fairy Wrens who chatter as they forage for food, kookaburras that laugh at your fascination in gum trees, and Indigenous stories to enrich your knowledge. The walk begins in Grassy Dry Forest where you are helped to identify the different eucalypts. You then drop down to Valley Grassy Forest where the tree canopy is Peppermint Gums and Candlebarks perfect for noisy galahs. Finally you reach the endangered ecosystem that is the verdant Creekline Herb-rich Woodland. Down here you might spy snakes, lizards and frogs.

Suitable for

| Active Families | \checkmark |
|------------------------|--|
| Seniors & Strollers | |
| Pleasure Walkers | ✓ |
| Super Striders | ✓ |
| Circuit | ✓ |
| Seating | ✓ |
| Dogs Welcome | \checkmark |
| Trail Type | Natural Heritage with Points of Interest |



Walk Overview

Prepared to be delighted! The 100 Acres Nature Trail is an enchanting walk along narrow bush tracks, beside waterways, ponds, across bridges and in the presence of wildlife and enormous gum trees. This is a perfect walk for the entire family.

Time

1 hr-1.5 hrs

Distance 2.5 kms

Difficulty Moderate Accessibility Medium



Location

Start and finish at Domeney Reserve, Knees Road, Park Orchards.

Melway Reference 35 E9

Public Transport

Metlink: t 131 638 www.metlinkmelbourne.com.au

Ventura Buses: t 9488 2100 www.venturabus.com.au

Parking

Drive into the Domeney Reserve, Knees Road, Park Orchards and turn right. Park at the end of the carpark located next to the 100 Acres welcome interpretation signage.

This brochure is printed on Australian made, 100 per cent recycled Tudor RP carbon neutral paper which has helped reduce global greenhouse gas emissions by more than 110kgs CO²-e.

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Facilities

Playground, barbecue and toilets are located near the Domeney Pavillion You will need to go to the opposite end of the reserve to where you begin your 100% Special walk.

Hazards

Beware of snakes in summer Track prone to flooding in places Muddy and slippery in places.



Be Prepared Sun protection recommended Carry water Carry camera.

Days of total fire ban

Check the fire risk warning before embarking on this walk: www.cfa.vic.gov.au



Additional Walks

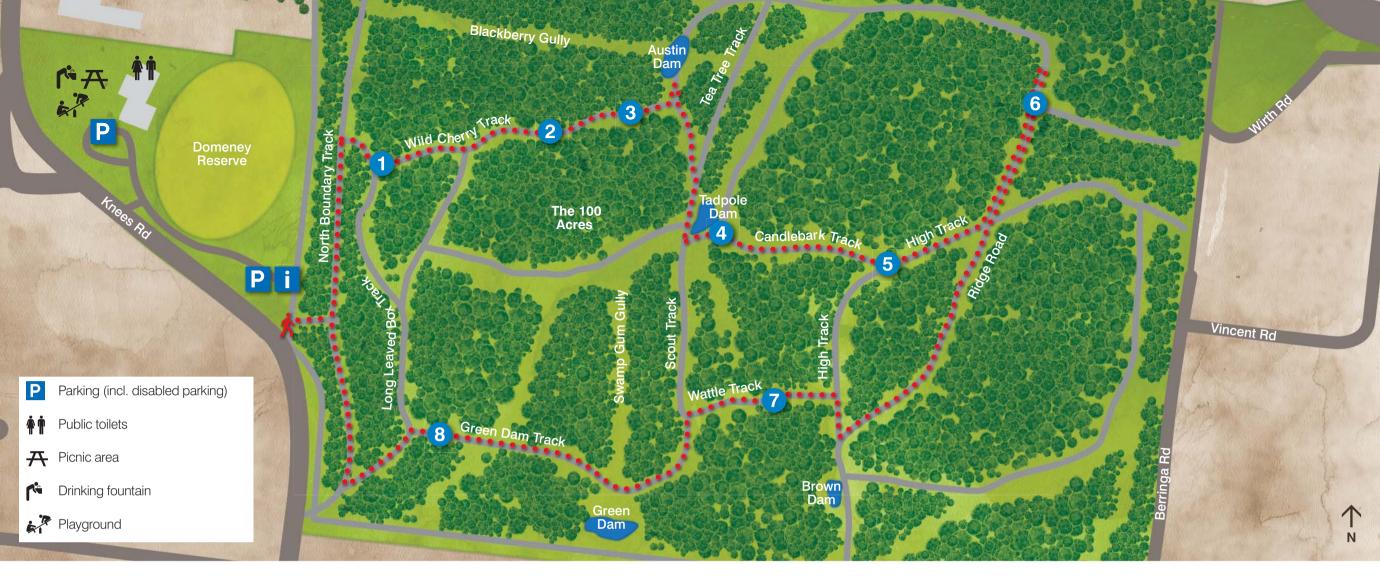
There are 20 walks in the series to choose from. If you liked this walk, you might like the ones listed below:

All Manna of Gums Currawong Bush Park to Mullum Mullum Creek Walk

Fauna, Foals and Fruit Mullum Mullum Creek to White's Orchard Walk.



Wheelchair Access We have developed three walks specifically for wheelchairs. Look for A Wheel Pleasure pamphlet.



Your walk begins at the interpretation signage. The Nature Trail Circuit is the walk to follow. To complement the many signs along the route this brochure will feature the traditional knowledge of the Indigenous Wurundjeri people.

Turn left onto the North Boundary Track, which is also a horse trail. You can expect to see ponies and horses on the weekends. A few hundred metres along turn right and step through the narrow fence to begin your walk.

1 The Wild Cherry tree is featured at sign one. The tree produces small, sweet and juicy fruit that was a favourite snack for the Wurundjeri. The sap was also their cure for snake-bite—but please stay alert in the warmer months so there is no need to try this treatment!

Take the Wild Cherry Track.

2 This area is aglow with golden wattle between July and November. The Wurundjeri would read the seasonal changes in plants as indicators of animal behaviour. They could tell what species were available as food.

When the wattle was in bloom, it was time to fish for eel.

Please keep to the tracks. This area is known for its sensitive ground cover, which includes fragile native orchids.

3 These forests were well stocked supermarkets to the Wurundjeri, along with well-supplied chemists. Sign six mentions the native *Clematis* bush. This was their cure for a head-ache. The leaves were crushed and inhaled.

Your walk now heads down to the old Austin Dam. Double back and begin your descent into the heart of the gully.

4 Tadpole Dam is now a wetlands habitat with wildlife and plants that depend upon it. Wetlands are vital to nourish the landscape. They purify the water by removing toxins and thousands of insects and frogs spawn their young here. There are times when these waters are busy nurseries.

• Tea-tree and Sweet Bursaria are often associated with butterflies. Lizards such as the Blue-tongue Lizard or small skinks are attracted to the caterpillars and can be seen here in the warmer seasons.

Veer to your left and head up High Track Road. 6 As sign 14 says, this is a *Twitcher's Heaven'*! Look for the blue of the male Superb Fairy Wren as he and his flock forage for food, or for honeyeaters hanging upside down filling their bellies with nectar or the delightful flash of colour from the Eastern Yellow Robin. Expect to be laughed at by the resident kookaburras. Only a healthy ecosystem can support such diversity.

Retrace your steps and stay on the Ridge Road.

Featured on sign 17 is the Murnong Yam Daisy. This was a staple food in the diet of the Wurundjeri. Murnong is a tuber that grows in riverine habitats throughout Victoria. Indigenous women would cook the yams in baskets in their pit ovens. The yam suffered under the heavy hooves of wandering cattle taking a much needed food source away from local clans. B Fire is an essential part of the forest story, and this was well known to the local Wurundjeri. They would start a bushfire to encourage growth and plant diversity, thus preserving their food supply. This practice is called Firestick Management and is used to regulate our forests today.

You can take the Long Leaved Box Track or the North Boundary Track back to the start.

This finishes your walk. Time to relax and plan your next adventure.